

Hiking map Mt. Haguro



Mt. Haguro's Five-Storyed Pagoda : Hagurosan Gojūnotō



Jijisugi: "Grandpa Cedar"



Mt. Haguro's Cedar avenue

Michelin Green Guide Japan ★★★



Michelin Green Guide Japan ★★ Sanjingōsaiden



Saikan's shōjin-ryōri cuisine



Mt. Haguro's Bell & Belfry

Dewa Sanzan's Historical Museum



Hagurosan Shōzen'in Temple
The only remaining temple of the "Original Haguro Shugendō"



Tōge Shukubōgai
The Pilgrim Lodge
Town in Haguro Tōge

- ① Kosekibō
- ② Katsukibō
- ③ Yōseibō
- ④ Danshojin
- ⑤ Miyatabō
- ⑥ Okuibō
- ⑦ Miyashitabō
- ⑧ Shunshōbō
- ⑨ Ryokan Tamonkan
- ⑩ Ryokan Hagurokan
- ⑪ Daishōbō
- ⑫ Tamurabō
- ⑬ Daishinbō
- ⑭ Sankōin
- ⑮ Sanada Enmeiin
- ⑯ Ikutabō
- ⑰ Kanbayashibō

Map legend

	Mountain top		Pagoda
	Sacred tree		Parking lot
	Highly regarded landscapes		Bus stop
	Waterfall		Shukubo/Ryokan
	Hiking trail		Café/Teahouse
	Museum		Restaurant
	Point of interest		Souvenir shops
	Shrine		Toilets
	Temple		Police station

Warning:
Lately, we have noticed an increased number of persons getting injured when climbing Mt. Haguro's stone stairway. We kindly ask our visitors to refrain from climbing Mt. Haguro without the proper shoes. We remind you that you can rent sneakers or rainboots for free at Ideha Bunka Museum if needed. Please do not refrain from using this service and always put your safety first.

In case of sunny weather:
○ Sneakers, hiking shoes
× Sandals, heels, flipflops, etc. (Please change shoes before climbing Mt. Haguro)

In case of rainy/snowy weather:
○ Rain boots, snow boots
× Sandals, heels, flipflops, leather shoes, regular sneakers (please change shoes prior to your visit)
★ Please be extra cautious if the stone steps are covered in moss, mud, or wet leaves: as it makes the paths very slippery.
★ You can rent a Yamabushi climbing stick at Ideha Bunka Museum for 100 yen.

National Natural Monument
Grandpa Cedar
Jijisugi

National Treasure
Mt. Haguro's Five Storyed Pagoda
Hagurosan Gojūnotō



If you wish to take a rest at the teahouse, please buy a drink or a snack, it will contribute to the maintenance fees! Thank you!

Ninosaka Chaya

Ideha Bunka Museum



Hike the 2446 stone steps of the "Mountain of Present"!

National Important Cultural Property
Dewa Sanzan-jinja Shrine
Sanjingōsaiden Hall

Sanshūden
Pilgrim rest area &
Senbutsudō museum

National Important Cultural Property
Bell & belfry

Mountain Top (414m high)

Dewa Sanzan's Historical Museum

Souvenir shops &
Restaurants

Hagurosan
Resthouse

Pilgrim Lodge & Restaurant
Saikan

Hachiko-sha
shrine

Hanayamahime-jinja shrine

Sannosaka's
ascent

Temizuya
ablution pavilion

Matsuo Bashō's statue
and poem memorial

Minamidani's temple remains

Minamidani's Korean
mountain cherry tree

Shinkyō
Bridge

Suga Falls

View on the
Shōnai plains

Ninosaka's
ascent

Ichinosaka's
ascent

Mt. Chōkai votive stone

Kagami lake

Torii gates

Temizuya
ablution pavilion

Matsuo Bashō's statue
and poem memorial

Minamidani's Korean
mountain cherry tree

Minamidani's temple remains

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National Treasure
Mt. Haguro's Five Storyed Pagoda
Hagurosan Gojūnotō

Ninosaka's ascent

Ichinosaka's ascent

Mt. Chōkai votive stone

Kagami lake

Torii gates

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Hiking map

Mt. Gassan & Mt. Yudono

1 Gassan Resthouse



This is where the bus to **Gassan Hachigōme** will drop you. Inside the building, you will find a small restaurant/café, souvenirs and equipment (sunhats, sunglasses...). The toilet are located in the other building facing Gassan Resthouse.



2 Busshōike Goya



This little mountain lodge serves meals, snacks and drinks to the hikers. It is also a mountain lodging option for those who wish to stay for the night in Mt. Gassan. We ask for the visitors who wish to take a rest or eat their lunch box inside to buy a little something inside the shop as a participation for the inn's maintenance fees.



3 Gassan Shrine



This is the final step of Mt. Gassan's hiking trail. Nearby, you will find toilet and a resting area called **Gassan Chōjō Goya**. They provide food and lodging. You can continue further to Mt. Yudono or go back to Tsuruoka, or also try the other hiking trails (not included in this brochure).



4 Yudonosan trail



Do **NOT** turn left at this point, as this will bring you to Hijiori Onsen. If you want to continue to Mt. Yudono, you need to take the path forward. Please make sure you have enough energy and water supplies with you before continuing further. The elevation loss is rather harsh. You can rest at **Gassan Chōjō Goya** behind you first.



5 Gakkō-zaka



This is the most dangerous part of the trail to Mt. Yudono. From this point, you will find a succession of ladders that you will have to climb down in order to get to Mt. Yudono. In case of rainy weather, the ladders can become very slippery. Please be very cautious when climbing down this part.



6 Yudonosan Shrine



Photos are forbidden from this point. The reason lies in the giant red rock from where Mt. Yudono's holy hot water is gushing out. It contains a holy deity that shall not be represented, neither in photos, videos, nor drawings. Please refrain from taking pictures. The purification ritual costs 500 yen per person.



You will see...



Green hiking tracks From July to early September
Autumn grass From mid-September to October



Jizō Buddhist statues Native flowers

Hiking season:
July 1st - September 15th*

* Hiking trails are practicable until Early October but the buildings (lodges, restaurants, toilets...) are closed past this date.

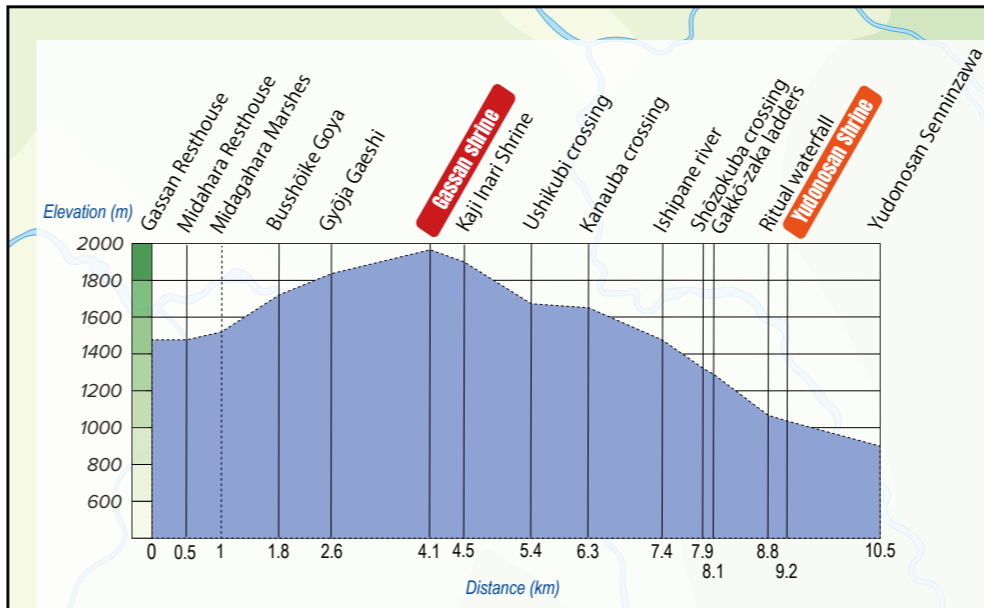
You will see...



Kaji Inari Shrine Mt. Ubagatake



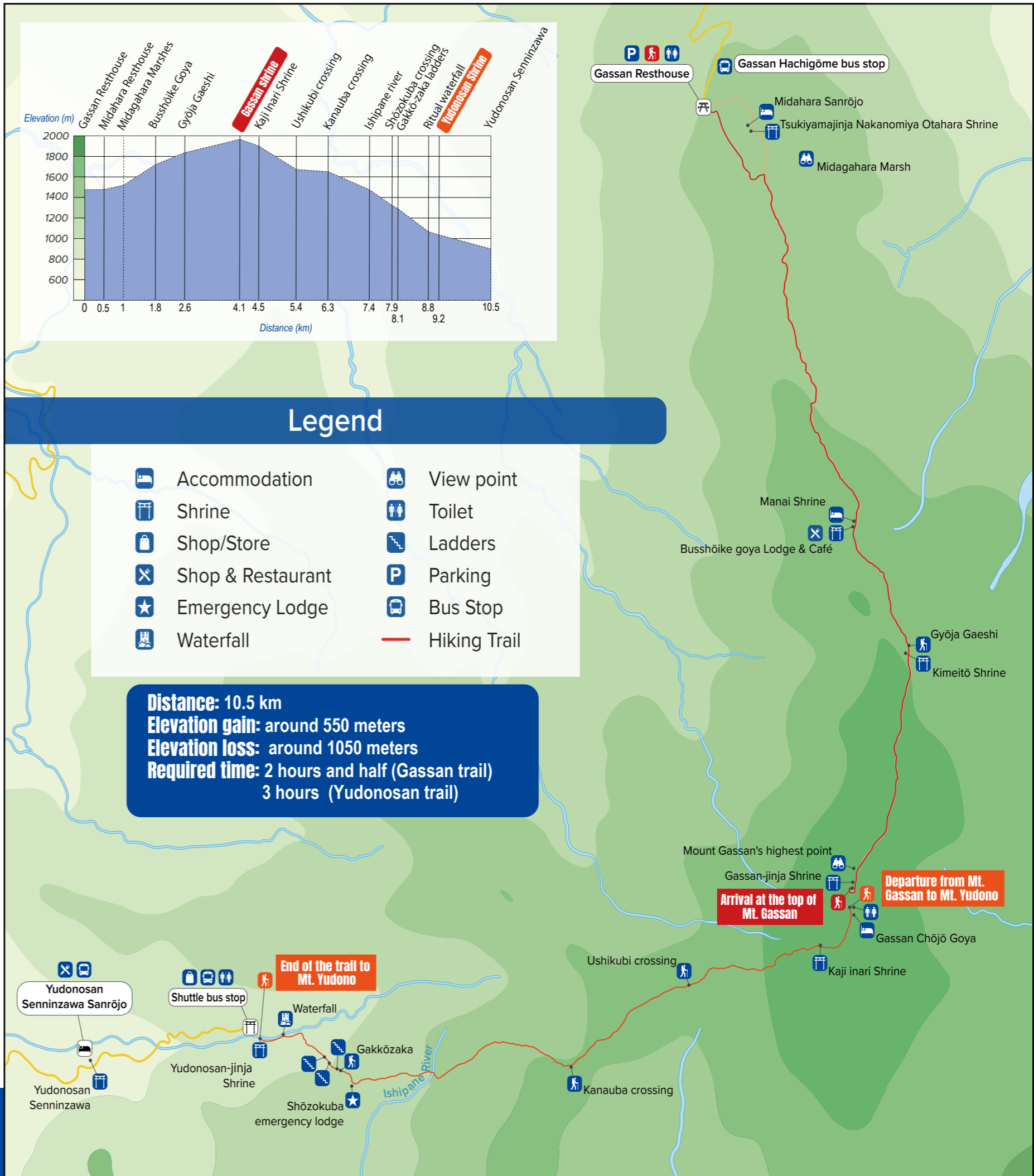
Shōzokuba crossing (turn right to go to Mt. Yudono) Yudonosan Senninzawa



Legend

Accommodation	View point
Shrine	Toilet
Shop/Store	Ladders
Shop & Restaurant	Parking
Emergency Lodge	Bus Stop
Waterfall	Hiking Trail

Distance: 10.5 km
Elevation gain: around 550 meters
Elevation loss: around 1050 meters
Required time: 2 hours and half (Gassan trail)
3 hours (Yudonosan trail)



Download the KMZ file!

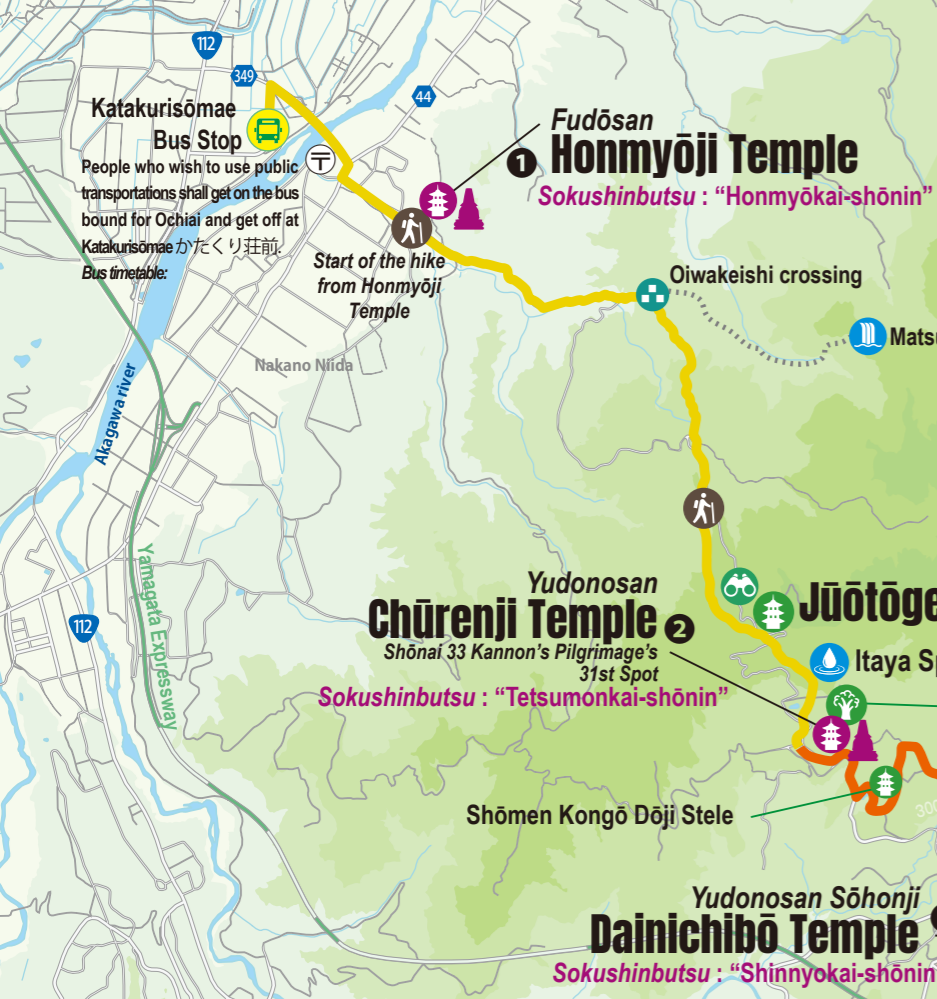


With the KMZ files of the hiking map, you can see the itinerary in real time on your smartphone with the app of your choice (Google Earth, Alltrails...)

For inquiries in English, please contact us at:

Tsuruoka Tourist Information Office
 Phone: (+81)235-25-7678 or (+81)235-26-1218
 Email address: tsuruoka@degam.jp

Walk over the 1200 years old pilgrimage trail to Mt. Yudono **Rokujūrigoe-kaidō's Pilgrimage**



Red foliage season: Late-October to Early November
(Yudonosan-jinja Shrine ends religious activities on November 1st.)



THE SOKUSHINBUTSU TEMPLES ALONG THE TRAIL

- Honmyōji Temple**
Sokushinbutsu : "Honmyōkai-shōnin"
 Requires a reservation by phone prior to your visit. No English spoken. Phone number: (+81)235-53-2269. For language assistance, contact us at: tsuruoka@degam.jp or (+81)235-26-1218
- Chūrenji Temple**
Sokushinbutsu : "Tetsumonkai-shōnin"
 Requires a reservation by phone prior to any visit until the coronavirus situation has been cleared (as of February 2022). Phone number (no English spoken): (+81)235-54-6536. For language assistance, contact us at: tsuruoka@degam.jp or (+81)235-26-1218. Entry: 500 yen/person
- Dainichibō Temple**
Sokushinbutsu : "Shinnyokai-shōnin"
 Phone number (English sometimes spoken): (+81)235-54-6301. For language assistance, contact us at: tsuruoka@degam.jp or (+81)235-26-1218. Entry: 500 yen/person. No reservation required.



- [Please read before hiking]**
- Ⓒ Clothes/Equipment**
 - Regular sneakers are not recommended. We advise you to put on hiking shoes.
 - Don't put on dark clothes (to avoid heatstrokes), and cover all the areas of your body (to avoid insect bites.)
 - Ⓒ Hiking season: Mid-May to Mid-November**
 - ※ There is snow remaining on the way until mid-June. We ask you to be accompanied with a local guide if you plan to hike during this season (contact us: tsuruoka@degam.jp)
 - Ⓒ Bear bell OBLIGATORY.** You will need to make noise continuously in order to repell bears (hence the bear bell).
 - Ⓒ You will need to write your name down in the memo pad** inside the little house-shaped box at the entrance of Arikoshizaka's ascent.
 - Ⓒ Bring all your garbage with you and throw them away** at your hotel/inn.
 - Ⓒ Please refrain from entering private properties and collecting plants** without permission.

Map legend

	Mountain top		Tree tunnel
	Historical remains		Hot springs
	Sokushinbutsu		Footbaths
	Sacred tree		Parking lot
	Waterfall		Bus stop
	Hiking trail		Shuttle bus
	Harsh slope		Camping site
	Drinkable water		Inn/guesthouse
	Scenic views		Restaurant
	Shrine		Souvenir shop
	Temple		Toilet